

Resources

Name	Telephone Number	Web/Email
Towards Healing	1800-303416	www.towardshealing.ie
Rape Crisis Centre	1800 778888	www.drcc.ie
National Counselling Service	1800-477477	www.ncs.ie
Cara Nua	1800-212477	www.caranua.ie
National Board for Safeguarding Children NBSCCCI	01-505316	www.safeguarding.lie
Connect Counselling		www.connectcounselling.ie
Crime Victims Helpline	116006	www.crimevictimshelpline.ie
An Garda Síochána	999/112	www.garda.ie
Citizens Information Centres	0761-074000	www.citizensinformation.ie
COSC	01-4768680	www.cosc.ie
Victim Support England, Scotland, Wales and Northern Ireland	0845-3030900	www.victimsupport.org
Victim Support Europe	0032 (0) 22310112	www.victimsupporteurope.eu
Alone (Help for elderly people living in Dublin)	01-6791032	www.alone.ie
Aware (Depression Helpline)	01-6617211	www.aware.ie
F.L.A.C. (Basic free legal services)	1890-350250	www.flac.ie
One Life (Crisis Helpline)	1800-247100	www.1life.ie
Samaritans	116123	www.samaritans.org
Senior Helpline	1850-440444	www.seniorhelpline.ie
Barnardos	1850-222300	www.barnardos.ie
CARI Children at Risk in Ireland	1890-924567	www.carie.ie
Womens Aid	1800-341900	www.womensaid.ie
Mental Health Ireland	01-2841166	www.mentalhealthireland.ie
Nexus Institute (NI)	028-90326803	www.nexusinstitute.org
Health Services Executive	1850-241850	www.hse.ie
Psychological Society of Ireland	01-4720105	www.psihq.ie
Irish Association of Counselling & Psychotherapy	01-2303536	www.iacp.ie
Irish Association of Humanistic and Integrative Psychotherapy	01-2841665	www.iahip.org